

Farmington Valley Blood Pressure Clinics

Avon Senior Center

1st & 3rd Thursday
11:30 am - 1:00pm

Avon Public Library

2nd & 4th Tuesday
12:30 -2:00pm

Avon Town Hall

3rd Tuesday
11:30 am - 1:00 pm

Canton Community Center

Every Wednesday
11:30am - 1:00pm

East Granby Community Center

1st Monday
11:00 am -12:00 pm
2nd Monday when 1st is a holiday

Farmington Senior Center

Every Monday
10:00 am-12:00 pm

Granby Senior Center

Every Thursday
11:00 am - 12:30 pm

Farmington Valley YMCA

1st & 3rd Tuesday
9:00-11:00 am

First Church Parish House, Hartland

2nd Monday
11:30 am-1:00 pm

New Hartford Town Hall

3rd floor
2nd Friday
10:00 -11:00 am

Simsbury Senior Center

ENO Memorial Hall
Every Wednesday
11:30 am -1:30 pm

The clinics provide a range of services, including:

- Monitoring blood pressure
- Testing blood sugar levels
- Assessing heart rate
- Conducting pulse oximetry analysis

For additional information, please contact us a
860-379-8561.

www.vnhlc.org

